

# Fastwolf® Size Charts - Find Your Perfect Fit

Below is a complete example of Fastwolf tactical clothing size chart, including detailed measurements for tops and pants:

## Tactical Apparel Size Chart

### Upper Garment

Size Code	Height Range (cm)	Chest Circumference (cm)	Waist Circumference (cm)	Shoulder Width (cm)	Back Centre Length (cm)	Sleeve Length (cm)
XS	160-165	80-85	70-75	45	70	60
S	165-170	85-90	75-80	47	72	62
M	170-175	90-95	80-85	49	74	64
L	175-180	95-100	85-90	51	76	66
XL	180-185	100-105	90-95	53	78	68
XXL	185-190	105-110	95-100	55	80	70

### Lower Garment

Size Code	Waist Circumference (cm)	Hip Circumference (cm)	Outseam (Including Waistband) (cm)	Inseam (cm)	Front Crotch (Including Waistband) (cm)	Back Crotch (Including Waistband) (cm)	Leg Opening (cm)
XS	70-75	90-95	100	75	28	38	20
S	75-80	95-100	103	78	30	40	22
M	80-85	100-105	106	81	32	42	24
L	85-90	105-110	109	84	34	44	26
XL	90-95	110-115	112	87	36	46	28
XXL	95-100	115-120	115	90	38	48	30

## Key Measurement Instructions

1. **Height:** Stand barefoot with your back, buttocks, and heels against the wall. Measure the vertical distance from the top of your head to the floor.
2. **Chest Circumference:** Let your arms hang naturally at your sides. Measure horizontally around the fullest part of your chest (for men, the line connecting the nipples; for women, the midpoint between the upper edge and the armpit). The fit should allow 1-2 fingers to fit comfortably between the tape and your skin.
3. **Waist Circumference:** Relax your abdomen and measure horizontally around the narrowest part of your waist (typically 2-3 cm above the navel), avoiding sucking in or sticking out your stomach.
4. **Shoulder Width:** The horizontal distance from one acromion point (the outermost bony prominence of the shoulder) to the opposite acromion point.
5. **Back Centre Length:** Measure vertically from the nape point (the protruding area of the seventh cervical vertebra) to the hem of the garment.
6. **Sleeve Length:** Measure vertically from the acromion point to the wrist crease.
7. **Outseam:** Outer leg length from waist to hem (including waistband).
8. **Inseam:** Inseam length from the crotch to the inside of the hem.
9. **Front/Back Crotch:** The length from the waist to the bottom of the crotch (including the waistband).
10. **Leg Opening:** The circumference at the very bottom of the pant leg.